

Davisburg

www.davisburg.ca

Box 29, Site 2, RR#1 Dewinton, AB T0L 0X0

September 2011

Potluck and Movie Night
Fall Program Information
Dunbow Recreation Turkey
Supper


2011
Social Calendar
of Events:

Potluck and Movie Night
Under the Stars
Friday, September 9, 2011

Dunbow Recreation
Turkey Supper
Saturday, October 1, 2011

Children's Christmas Party
Sunday, December 4, 2011

Davisburg Community Association

 is now on Facebook!

UNDER The Stars
MOVIE
Night

Potluck and Movie Night
Under the Stars
Friday, September 9

Bring your family out for a potluck dinner followed
by an outdoor movie!

Potluck at 7 pm, movie or bingo at dusk

In the event of inclement weather we will substitute the movie with 'loonie' bingo.

Bring your favourite dish to share and lawnchair(s) and blanket(s) to cozy up in for the movie.

There is no charge for this event.

Popcorn and refreshments will be available for purchase.

Current Programs

Yoga	Mondays	7:00 pm - 8:00 pm	Pat Virostek	403-938-6094
CrossFit Boot Camp	Mondays & Thursdays	10:15 am - 11:15 am	Sandra Anderson	403-671-3114
Kickboxing	Mondays & Fridays	9:00 am - 10:00 am 9:15 am - 10:15 am	Mike Miles	403-689-4486
Pilates	Tuesdays	7:30 pm - 8:30 pm	Linda Court	403-931-7539
Tai Chi	Tuesdays	9:30 am - 11:30 am	Brenda Povey	403-938-0941
Wellness Exercise	Tuesdays	7:30 pm - 8:30 pm	Linda Court	403-931-7539
Karate	Fridays	6:30 pm - 7:30 pm	www.acku.org	403-232-0228

Committee Members

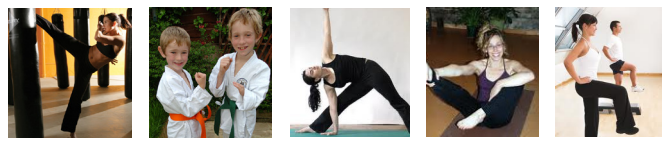
President	Eric Tudor	403-995-0358
Vice President	Lynore Park	403-938-1022
Memberships	Shelley Donnelly	403-938-2555
Maintenance	Craig Russell	403-938-7992
Secretary	Toni Bouvier	403-938-9923
Social	Diana Froc	403-995-6551
Rentals	Karna Wolfe	403-938-5026
Treasurer	Sharlene Sylvestre	403-938-1764

Community Contacts

Davisburg Pony Club	Mary-Lynn Fraser	403-652-2349
Stockman 4H Rodeo Club	Scott Ashton	403-938-3100

Davisburg Meetings

All members welcome.
Next meeting - September 27th@ 7:30 p.m



Fall Programs

Yoga - Begins Monday Sept. 12 at 7:00 pm. For more information please contact Pat Virostek at 403-938-6094

***NEW* CrossFit Boot Camp** – Why try it? Because Crossfit Boot Camp gives you See-in–The–Mirror–Results! Faster, Easier and a Heck of a Lot More Fun than Anything Else You Can Do...**GUARANTEED!** If you want a tight, toned, terrific body then come try a fun, varied 12-week boot camp in your local community. Class session runs September 12th – December 1st, Monday & Thursday mornings from 10:15-11:15 am. It will be run outside, weather permitting and is taught by Fitness Expert and Nutritional Consultant, Sandra Anderson, owner of CrossFit Motiv8. Call or e-mail Sandra @ 403-671-3114 or Sandra@crossfitmotiv8.com to book your spot. Class is limited to the first 15 participants. Costs before Sept. 6/11- \$325, after Sept. 6/11 - \$360. Pay per class/drop-in is \$18/class. NOTE: You can attend this class with or without children. * Please see the attached flyer for another special Sandra is offering at her local gym*

Kickboxing with Mike Miles – We are very fortunate to have Ajarn Mike Miles teach kickboxing at our hall. Mike lives in the community and has a successful gym in Calgary where he trains world-class fighters. The classes are open to all levels so don't be afraid to come out and try it if you never have. Beginners welcome! It is a great boxercise-work-out and it is a lot of fun! Classes will run Monday mornings from 9:00-10:00 am and/or Friday mornings from 9:15-10:15 am. Classes start Friday, Sept. 9th. Sign up for a 3-month session for the reduced rate of \$132 (Mondays or Fridays) Drop-in rate is \$18/class. For more info contact Mike @ 403-689-4486 or mike@mikemiles.com.

Pilates – Back by popular demand! Tuesday evenings at 7:30 pm Contact Linda for more info at 403-931-7539.

Tai Chi – We are so glad to offer Tai Chi at the hall again! The group is back and will run their classes on Tuesday mornings from 9:30-11:30 am. Classes start Sept. 13th and session runs till Dec. 13th. Please contact Brenda Povey @ 403-938-0941 for more info.

Wellness Exercise Class – Thursday evenings at 7:30 pm. Contact Linda for more info @ 403-931-7539.

A.C.K.U. Karate - We are also very fortunate to have Sensei White back to teach karate on Friday evenings @ 6:30 pm Beginners are welcome and this is an awesome sport that families can do together! First class starts September 16th. Check out the website @ acku.org for more important info. Contact Julie at jbray@acku.org or 403-232-0228.

Welcome home to those that have been away for travel this summer and welcome back to a new season of activity at the Davisburg Hall!

Most of the Davisburg programs and social events take a break during the summer and along with the start of a new school year is the start of new programs.



Participants in Davisburg programs must be members of the Davisburg Community Association

Membership information

\$15/family/year

Please contact Shelley Donnelly for more details at tsdonnelly@platinum.ca

The second annual

Dunbow Recreation Turkey Supper

In support of the recreation facilities in the area!

Saturday, October 1

4:30pm and 8:00pm

at the Davisburg Hall

Bring your Classic Car for the Show & Shine!

To avoid disappointment, purchase your tickets in advance from Lynore Park at 403-938-1022 or e-mail parklagn@hotmail.com

Adults - \$20.00 children ages 6 to 12 - \$12.00
children 5 and under free

Tickets available on a first come first serve basis at the event.

We would appreciate donation of preserves or baking to be used as raffleprizes at the event.

Please contact Diana Froc at djfrog@platinum.ca for more information on donations. If you are interested in assisting in other ways in preparation for or during this community event please contact Lynore.